



Pursuing Your Passion

Purposeful Careers

Education & Learning

Learning and education is an extremely important area in our lives no matter what age we are. In fact, when you consider carefully, learning occurs for every one of us, each and every day and not just when we attend an educational setting, such as school or professional development seminars.

On a conscious and unconscious level, experiences and situations can cause us to develop new learning whether it be a new skill, resource, belief or feeling. A powerful NLP presupposition is **when you know better, you can do better**, which means that when you become *aware* of something, you can take the steps to improve, enhance and advance in that particular area.

Personal and professional growth is something that many people aspire to. Would that be a true reflection of you?

To discover your values and beliefs around education and learning, take a moment to answer the following questions:

- Where are you now in the area of Education? (note that there is much more to education than only 'formal education')
- What improvements could be made to this area?
- What is important to you when you consider Education?
- Is there anything that may be blocking you from having specifically what you desire in this area? If so, what is it? (Even if this is just a feeling)
- What could you do to overcome this block? What resources do you have to do this? What resources do you need to enable you to do this?
- What will happen when you have your desired state?

Over the next month, why not keep a journal of all of the learning you have experienced over that time. At the end of the month you can see the lessons you have learned, how you have grown, and how you may strive to keep 'doing better.'



Empower ▪ Inspire ▪ Motivate ▪ Support